

Sustained and rebound effect of Repeated Low-Level Red-Light therapy on myopia control

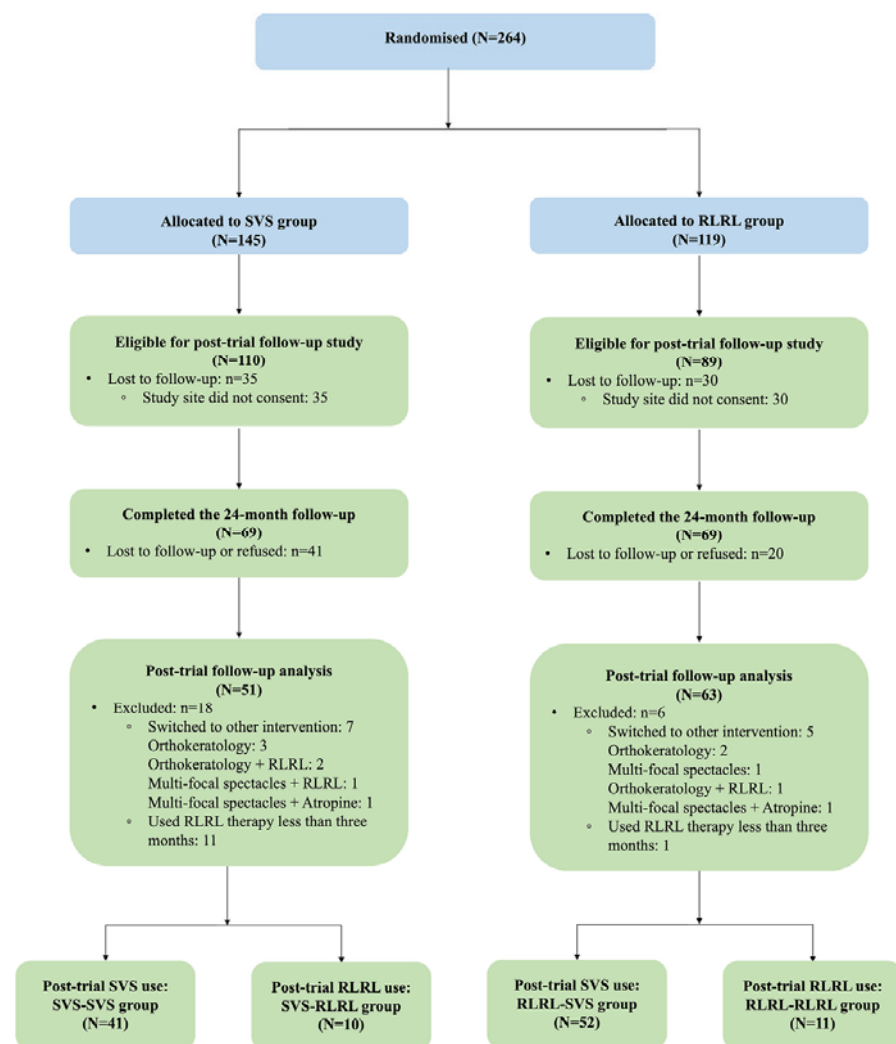
A 2-year post-trial follow-up study

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Purpose:

To evaluate the long-term efficacy and safety of continued Repeated Low-Level Red-Light (RLRL) therapy on myopia control over 2 years and the potential rebound effect after treatment cessation.

Method:



Results:

1. Among the 199 children who were eligible, 138 (69.3%) children attended the examination and 114 (57.3%) were analysed (SVS-SVS: n = 41; SVS-RLRL: n = 10; RLRL-SVS: n = 52; RLRL-RLRL: n = 11).
2. 75% myopia control efficacy for SE and axial length over two years' RLRL.
3. No self-reported adverse events, functional or structural damages were noted for 2-year treatment.
4. A modest rebound effect was noted after treatment cessation.

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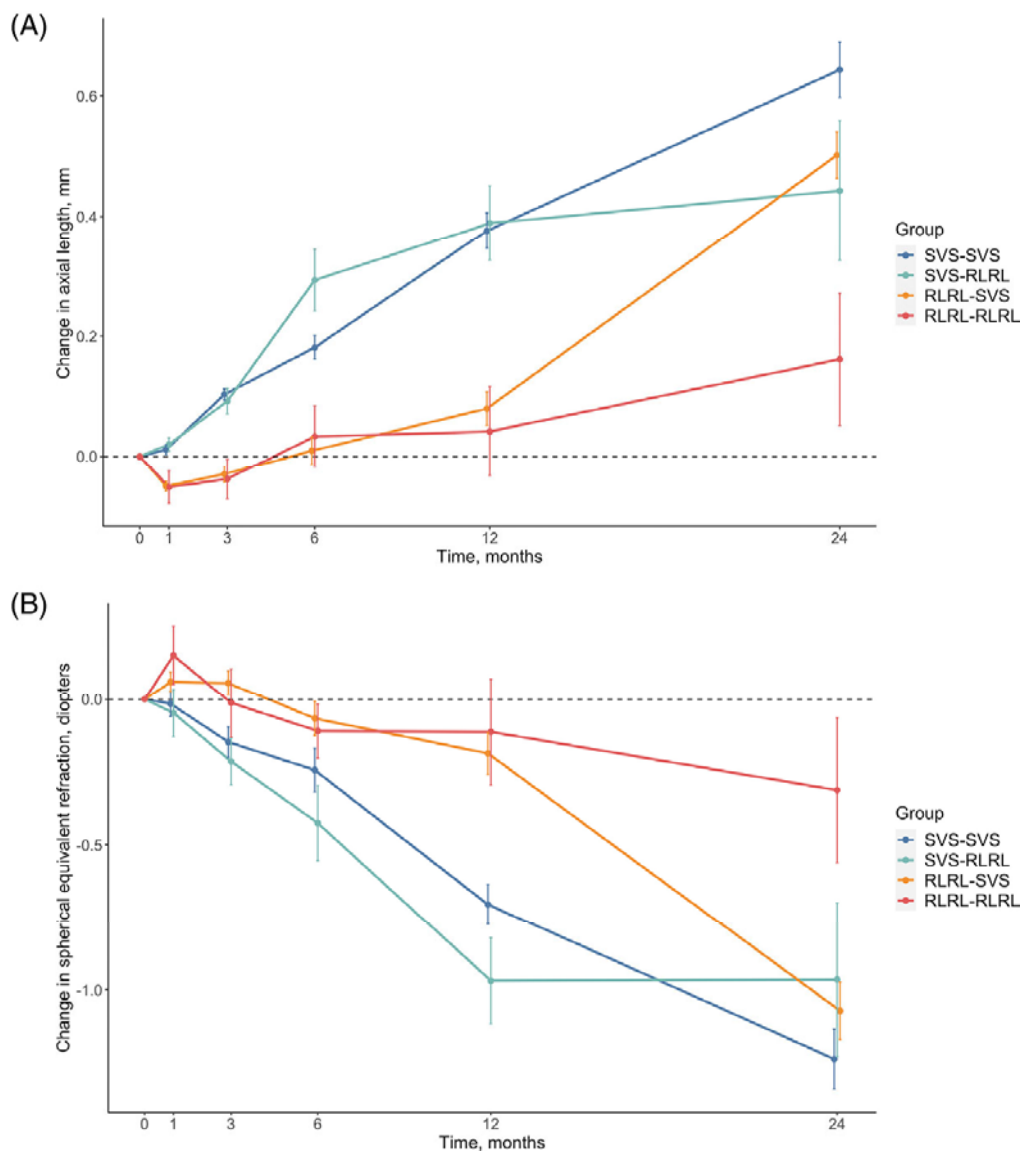
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Outcome:



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